

Forgiveness Cleanses Us, Forgiveness Makes Us Whiter Than Snow

1. Discuss what people sometimes ask forgiveness or need for.
2. Using a pencil, have students write words that represent ideas from #1 on the body template. (examples: leaving someone out, lying, cheating, unkind words, etc.)
3. Say The Jesus Prayer together. Then erase one of the written words/phrases. Repeat The Jesus Prayer. Erase another of the written words/phrases. Repeat until all of the words are gone.
4. Discuss how the eraser is like forgiveness. When we forgive someone else, we are cleansed. When we are forgiven, we are cleansed.



