



Greek Orthodox Metropolis of San Francisco
Moms, Pops & Tots Program

Chart of Weeks, Lesson Topics, and Crafts – Two Year Program

Week	Lesson- topic	Craft description	with lesson
1	Making the sign of the Cross	Painting fingers	
2	The Orthodox Cross	Decorating cut out cross	pattern
3	Lord's Prayer part One	Sun with streamers	
4	Lord's Prayer part Two	Rocket ship	pattern
5	Lord's Prayer part Three	Placemats	
6	Lord's Prayer part Four	Star	
7	Creation	Pumpkin craft	pattern
8	the Narthex	Paper towel roll candle	
9	Sacrament- Communion	celebration streamer	
10	Feast Day - Entrance of Virgin Mary	reindeer ornament	
No Class			
11	The lost sheep	Sheep	pattern
12	The Christmas Story	Make a tree ornament	pattern
13	Feast Day - Birth of Christ	Cradle	instructions
No Class			
No Class			
14	Theophany	Holy water bottles	
15	Sacrament -Our Baptism	Dove	pattern
16	FIELD trip	Lively Locust pg 54	
17	Our Guardian Angel	Angel plate	instructions
18	feast Day The Meeting	cage	
19	The prodical Son	butterfly	
20	Sacrament - Marriage	crowns	
21	Fasting	Listening ears	
22	Sacrament Becoming a Priest	Book mark	
23	Sacrament Holy Unction	Pinwheel	pattern
24	Field Trip	Pop-up critter	
25	Feast Day - Palm Sunday	Mosaic Cross	pattern
26	Feast Day - Pascha	Easter egg hunt	
No Class			
27	Sacrament -Confession	hanging hearts	pattern
28	Feast day 3/25 Annunciation	Bells	
29	Feast Day 8/15 Assumption	making a flower	pattern
No Class			
30	The saint of our church	Mother's day card	
31	Ascension	super shoes	pattern
32	St Thomas	chain bracelet	
No Class			
33	CELEBRATION last class		
	End of the first year Summer break		

Year Two

Week	Lesson- topic	Craft description	with lesson
34	The Lord's Prayer	Angel cut out/paste	from book
35	Birth of the Virgin	Paper frame for Icon	
36	Making Prosforo	dough & Seal	Show/tell
37	The Altar	Decorate a challis	pattern
38	Archangel Michael	Sword	instructions
39	Pentecost	Halo	
40	protection of the Mother of God	tree of life pg 12	pattern
41	Church -Iconostasis	Macroni Church	pattern
42	Sts Peter & Paul	flying Spies	
43	Transfiguration	Grapes	2 patterns
No Class			
44	The Holy family	family cups	
45	Candles	pop up Altars pg 94	
46	Who is Santa Claus?	tree ornament	
No Class			
47	John The Baptist	fancy fish	pattern
48	Church - in the pews	Origami butterfly	instructions
49	Three Heirarchs	Eyes that see pg 154	
50	Field trip- playground	crafty creatures - pg9	
51	The Good Samaritan	injured Man	pattern
52	The body of Christ	heart Valentines	pattern
53	Holy Thusday	sweet spices pg 125	
54	Sunday of Orthodoxy	Megaphone	pattern
55	Lazarus	dancing cup pg 145	
56	Holy Friday	praying Hands pg 120	
57	Holy Week	confetti & Candy pg 137	
No Class			
58	Pantocrator	Christ's Halo	image
59	Matins	float the boat pg131	
60	Myrrh bearing Women	party Hats pg 168	
61	Church - last supper Icon	hugs from Jesus pg 152	
No Class			
62	Platitera	love is sweet pg 60	
63	The 10 commandments	friendship arrows pg 87	
64	Memorial Services	victory at sea pg 148	
No Class			
65	St Matthew	pencil cups for dad	
66	CELEBRATION last class	graduation Hats	

