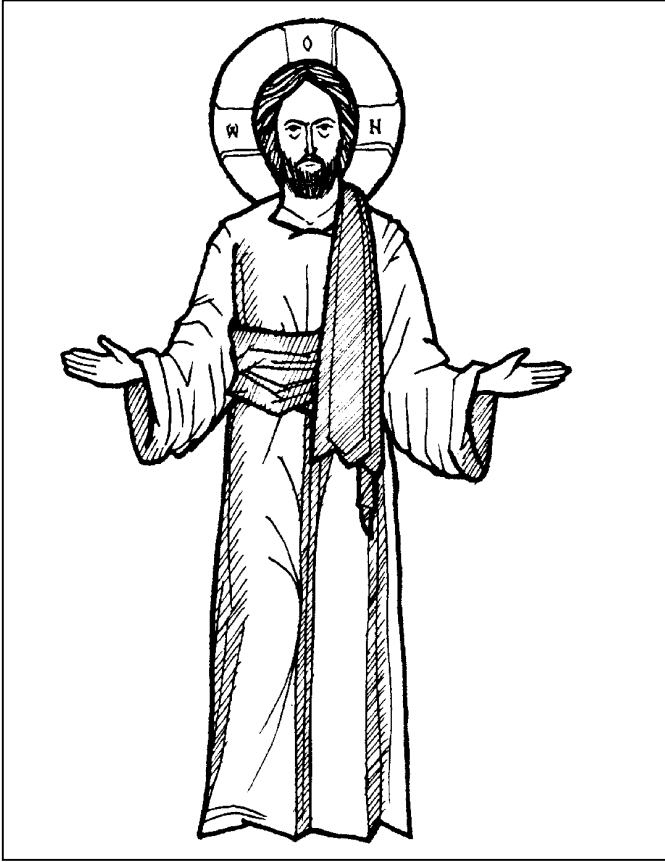


Forgiveness Sunday (Cheesefare Sunday)



Read Matthew 6:14-21, which is the Gospel reading for Cheesefare Sunday.

14: For if you forgive others their trespasses, your heavenly Father will also forgive you:

15: But if you do not forgive others, neither will your Father forgive your trespasses.

16: And whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces, so as to show others that they are fasting. Truly I tell you they have received their reward.

17: But when you fast, put oil on your head and wash your face,

18: so that your fasting may be seen not by others but by your Father who is in secret, and your Father who sees in secret will reward you.

19: Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal.

20: But store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal.

21: For where your treasure is, there your heart will be also.

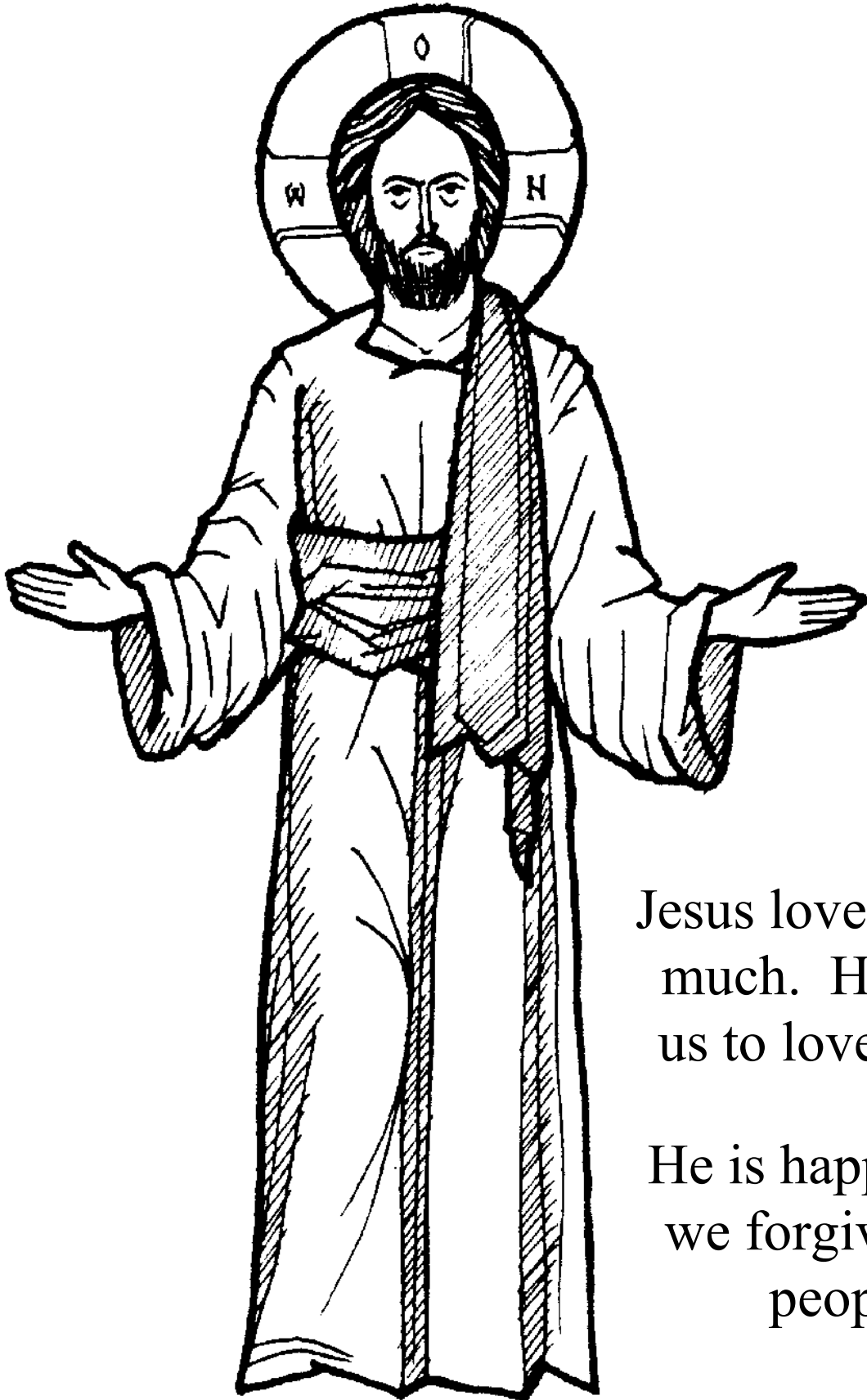
What must we do in order for God to forgive us (vs. 14)?

How should we fast? (vs. 17)

What should we do about riches (vs. 19-20)?

What is a good way to tell where our riches are (vs. 21)?

1. Jesus talks about God's forgiveness of us and about our forgiveness of one another. Is it sometimes hard for you to forgive others? What has forgiveness meant in your life?
2. Why does Jesus tell us that we should fast in private?
3. What do Jesus' words about riches have to do with Lent? What kind of riches can we store up in heaven?



Jesus loves us very much. He wants us to love others.

He is happy when we forgive other people.